



## **OCCUPATIONAL SERVICES (OS) DISCOVERY PROGRAMME – Service Outline**

### **What is it?**

A person-centred occupational programme for people with acquired brain injury (ABI), tailored to the needs, aspirations and talents of the individual

### **Who is it for?**

Participants can be referred from anywhere within Headway East London's (HEL) catchment area. In the initial stage, suitable candidates with ABI will be recruited as project leaders, and given support to set up and develop community projects that create opportunities for others in the community. These project leaders must be able to take responsibility for the development and running of their project, and so must be good at self-starting, organising and other leadership abilities. At the later stages, the projects will create roles for additional people with ABI for whom project leading may not be possible. HEL is presently accepting referrals for project leaders. Further information on other project roles will be publicised as it becomes available

### **What are the 'Projects'?**

Community-based projects that address existing social problems, as well as those of people with ABI (engagement, social networks, education, advocacy, community building)

### **What support is offered?**

The project leader will work closely with the programme manager, and as part of a small team of other leaders. The programme will support people with the process of exploring their strengths and weaknesses and developing strategies to manage fatigue and other impairments. Leaders will be supported to work at a pace that ensures success and to avoid over-load. In some cases a potential project leader may be asked to take another role initially to test out their abilities before taking on the demands of the leader role

### **Where will it happen?**

The Arch, Timber Wharf, 238-240 Kingsland Road, E2 8AX

### **How do I become a Project Leader?**

You will need to complete a referral form and have an assessment with the Discovery Programme Manager. The Headway East London referral form can be downloaded from our website at [www.headwayeastlondon.org](http://www.headwayeastlondon.org). To find out more about getting involved, please contact Ben Graham on 020 7749 7790

## Outcome & Evidence

<b>Outcomes</b>	<b>Evidenced by:</b>
Members have improved social networks and self-esteem	Service audit & member case studies
Members have improved team-working skills	Service audit, success of team-based projects
Members receive/deliver mentoring and feedback from/to peers	Service audit, member case studies
Members learn new skills	Service audit, member case studies,
Members set and achieve own objectives	Service audit, success of projects
Members have improved work tolerance and basic work skills (organisation, punctuality)	Service audit, member case studies
Members overcome challenges	Service audit & member case studies
Members contribute to the community	Success of projects, member case studies, service audit
Members have increased opportunity for voluntary/paid work	Salaries secured for project leadership, financial viability of projects, case studies; Number of local people involved in projects; service audit;
Members have reduced dependency on statutory support, including health/social/employment services and benefits	Service audit, member case studies, post programme voluntary and paid work.
Projects increase awareness of ABI, disability and diversity in community and improve access to the benefits of diverse social networks (including inter-generational and inter-cultural contact)	Service audit, case studies
Projects reduce isolation in local community	Service audit, case studies

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